

No.3 2023

Bowling @ Gisborne



our community club...

Club Events

Sheets for Club Singles and Pairs are now available for entry.

Singles:

Sunday October 15th x 2 rounds (Draw closes Thursday 12th October 6pm)

- 25 up

Pairs:

Sunday October 22nd x 2 rounds (Draw closes Thursday 19th October 6pm)

- 3 bowl pairs 15 ends and then 18 ends for the Final

Pennant teams

Three teams for both Saturday and Tuesday have been nominated for this season.

These were based on the numbers who had indicated they were available at the time nominations closed.

Rinks have now been set up the way they will be for Pennant this season.

Training and Practice

Training and pennant practice are not the same. You should train at least once a week, and participate in pennant practice each Thursday in a purposeful manner.

Training is a short session designed to build consistency and to work on an area of your game that can be improved. It is something done by yourself or with a coach. There are many simple drills that you can complete that will improve your game. Our coaches can share these with you.

Thursday pennant practice consists of a simple warm up routine, and then playing in match practice that resembles pennant as closely as possible. Only two bowls are used, and where possible you play with your rink.

Contact coaches or check the noticeboard for training session drills.

Peter 0402 088 491 Ian 0419 851 026 Tim 0490 145 907

SATURDAY SELECTION

Peter Williams (Chair)
Alan Higgins
Ian Ball
Chris Butterley

TUESDAY SELECTION

Ian Ball (Chair TBC)
Alan Higgins
Peter Williams
Vlod Cyrulo



Etiquette tips

Nicole Shortis has produced a short video covering a number of etiquette tips.

It covers circumstances that we either don't know, or don't do.

This season make sure when you represent the club you follow these good sporting tips.

[Follow this link](#) to watch the video.

<https://youtu.be/YEVF1ksjv9o?si=qKMQcU0E-FwQHYqZ>

